



## HLTAID003 Provide first aid

This unit describes the skills and knowledge required to provide a first aid response to a casualty.

This unit applies to all workers who may be required to provide a first aid response in a range of situations, including community and workplace settings.

Upon successful completion of this course, the student will have the skills and knowledge to perform emergency first aid procedures in the first few minutes after a life threatening incident.

### Blended delivery mode:

Pre-course study – the Learner Guide is emailed to the learner as a pdf document one week prior to attending the face to face class training of supervised instruction.

The learner is then required to attend a class of training and assessment involving practical demonstrations.

### Course duration – Class delivery and times:

Eight (8) hours – 9.00am to 5.30pm with a half an hour lunch break – plus workbook.

### Entry requirements:

There are no formal entry requirements for persons seeking enrolment into this qualification.

### Competent in written and spoken English

Students are required to be competent in written and spoken English to gain entry to the course. A Language, Literacy and Numeracy (LLN) Assessment is a mandatory requirement prior to enrolment. Oral communication is very important in order to make an accurate verbal report to emergency response services and workplace supervisor.

### Physical requirements:

It is important to note that HLTAID competency standards do require a level of physical ability to meet the evidence requirements for assessment. These standards relate to the level of performance required to provide resuscitation and respond to an emergency situation where there may be risk to life.

It is a Training Package requirement of this course that you are physically capable of performing uninterrupted CPR for at least 2 minutes on a CPR manikin situated on the floor and at least a further 2 minutes demonstrating a rotation of operators with minimal interruptions to the compressions.

### Australian Academic Solutions obligation to the student:

Australian Academic Solutions has an obligation to provide quality training and assessment to the student in compliance to the *Standards for Registered Training Organisations 2015* including providing adequate information prior to enrolment to help you make an informed decision, issuance of the AQF certificate documentation and your rights and obligations as a student. For further information please refer to the Student Information Handbook.

### Course Outcomes – Employment Pathways

The following employment pathways are available to students who complete this qualification:

- Workplace First Aid Officer
- Community First Aid Officer

### Study Pathways

The further study pathways are available to learners who undertake this qualification include:

- HLTAID004 Provide an emergency first aid response in an education and care setting
- HLTAID006 Provide advance first aid
- HLTAID007 Provide advanced resuscitation
- HLTAID008 Manage first aid services and resources

Note: Australian Academic Solutions offers all qualifications listed above as possible pathways.

### Course Structure

**Theory—Knowledge—you will learn and be assessed on the following:**

- State/Territory regulations, first aid codes of practice and workplace procedures
- Legal, workplace and community considerations
- Considerations when providing first aid
- Principles and procedures for first aid management of Scenarios
- Basic anatomy and physiology

**Practical demonstrations—Skills—you will be assessed responding to first aid scenarios in a simulated workplace environment and expected to perform demonstrations on the tasks provided:**

Follow DRSABCD in line with ARC guidelines, including:

- perform at least 2 minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) (5 cycles of both compressions and ventilations) on an adult resuscitation manikin placed on the floor
- perform at least 2 minutes of uninterrupted single rescuer CPR (5 cycles both compressions and ventilations) on an infant resuscitation manikin placed on a firm surface
- respond appropriately in the event of regurgitation or vomiting
- manage the unconscious breathing casualty
- follow single rescue procedure, including the demonstration of a rotation of operators with minimal interruptions to compressions
- follow the prompts of an Automated External Defibrillator (AED)

Respond to at least two simulated first aid scenarios contextualised to the candidate's workplace/community setting, including:

- conduct a visual and verbal assessment of the casualty
- demonstrate safe manual handling techniques
- post-incident debrief and evaluation
- provide an accurate verbal or written report of the incident

Applied first aid procedures for the following:

- allergic reaction
- anaphylaxis
- bleeding control
- choking and airway obstruction
- envenomation, using pressure immobilisation
- fractures, sprains and strains, using arm slings, roller bandages or other appropriate immobilisation techniques
- respiratory distress, including asthma
- shock

### Student Support:

Australian Academic Solutions recognises that all people learn differently and acknowledge that some students may require additional support. Additional support will be provided.

### Issuing certificates:

You will be issued with a Statement of Attainment upon successful completion of your training for this unit of competency provided you have supplied your Unique Student Identifier.

### Unique Student Identifier (USI)

A USI must be supplied to AAS prior to us being able to issue a Nationally Recognised Qualification.

### Tuition Fees:

Full Fee: **\$110.00**

Course Fees include course materials.

